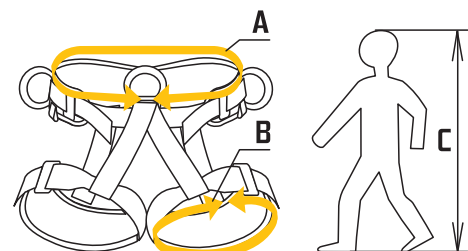


	S	M/L	XL
A [cm/in]	55-80 / 22-31	75-100 / 29-39	85-130 / 33-51
B [cm/in]	45-60 / 18-24	50-75 / 19-29	50-75 / 19-29
C [cm/in]	150-170 / 59-67	160-180 / 63-70	175-205 / 68-80



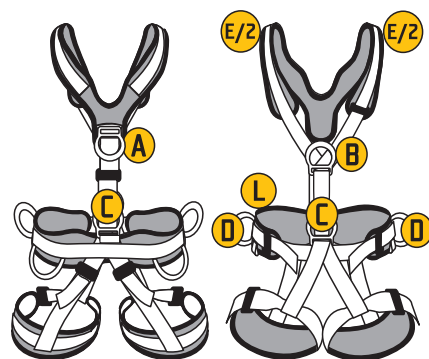
a		EN	a producer	b	EN 361:02	EN	a producer
b		CZ	výrobce		CE 1019	DE	Hersteller
c		FR	Herstellere			FR	Le fabricant
		ES	fabricante			ES	fabricante
							Normativa europea

c conformity marking / no. of notified body
značka shody / č. notifikované osoby
Zertifikat / Nummer des zertifizierenden Instituts
la marque de conformit / Num ro de bureau notifi
marca de conformidad / numero del organismo notificado

		ANSI Z359.1-2007		NFPA class III life safety harness		EN standard	
A	Head up	22,2 kN	Fall arrest attachment element	15 kN	Fall arrest attachment element	15 kN	EN 361:2002
	Head down	NO		10 kN		10 kN	EN 361:2002
B	Head up	16 kN	rappel/positioning attachment element, 2FT maximum free fall	16 kN	Fall arrest attachment element	15 kN	EN 361:2002
	Head down	NO		10 kN		10 kN	EN 361:2002
C	Head up	16 kN	rappel/positioning attachment element	16 kN	rappel/positioning attachment element	15 kN	EN 813:2008
	Head down	NO		10 kN		NO	
D	Head up	16 kN	positioning only attachment	13 kN	positioning only attachment	15 kN	EN 358:1999
	Head down	NO		NO		NO	

Antishock I
m(g)
M/L=2080g

label location L



THIS HARNESS MEETS THE LIFE SAFETY HARNESS REQUIREMENTS OF NFPA 1983, STANDARD ON LIFE SAFETY ROPE AND EQUIPMENT FOR EMERGENCY SERVICES, 2012 EDITION; CLASS III.



Reading and understanding instruction for use are required to use this product!
Bez důkladného prečtenia a pochopenia návodu k použitiu nepoužívejte tento výrobek



3 years guarantee
3 roky záruka

- | | |
|---|---|
| 1 (EN) unique No.
(CZ) jedinečné číslo
(DE) Eindeutige nummern
(FR) Numéro unique
(ES) Número único | 2 (EN) batch No.
(CZ) výrobní číslo
(DE) Chargennummer
(FR) Num ro de fabrication
(ES) No. de serie |
| 3 (EN) month / year of manufacture
(CZ) měsíc / rok výroby
(DE) produktion monat / jahr
(FR) mois / année de fabrication
(ES) mes / ano de producción | 4 001/9999/01/14
xxxxxxxxxxxx
5 M/L
6 MRL(B) = 150 kg |
| 4 (EN) model
(CZ) vzor
(DE) Model
(FR) le modèle
(ES) modelo | 5 (EN) size
(CZ) velikost
(DE) Größe
(FR) taille
(ES) talla |
| 6 (EN) maximum rated load
(CZ) max. jmenovitě zatížení
(DE) maximale Nennlast
(FR) charge nominale maximale
(ES) carga maxima admisible | |

Directive / směrnice
PSA 89/686/EEC
Naf. vlády 21/2003 Sb.

EN 358:1999, EN 361:2002, EN 813:2008
Certified by / certifikoval
VVUU, a.s. Ostrava-Radvanice
Pikartská 1337/7, ČR

EC QMS of production inspected by /
ES SRJ výroby prověřuje
VVUU, a.s. Ostrava-Radvanice
Pikartská 1337/7, ČR

NFPA Life safety harness - class III
ANSI Z359.1 - 2007
Approved by:
VVUU, a.s. Ostrava-Radvanice
Pikartská 1337/7, ČR

CE 1019

ver: 16S97022504 0715



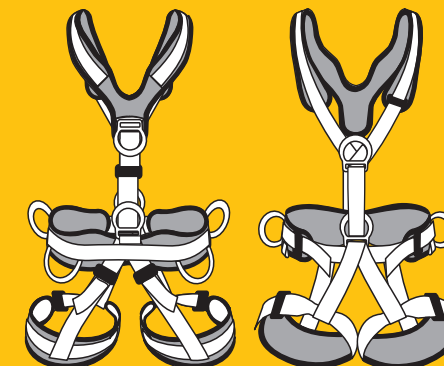
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E-mail: info@singingrock.cz

www.singingrock.com



singing
rock®

Antishock I



User Information

- 1) Inspect the harness periodically according to Singing rock inspection procedure (see included Guide)
- 2) Remove the harness from service and dispose of carefully, if the harness does not pass the inspection or if there is any doubt about its safety or serviceability.
- 3) Do not expose the harness to flame or high temperatures and carry the harness where it will be protected as the harness could melt or burn and fail if exposed to flame or high temperature.
- 4) Any modification or repair outside of our production facilities is forbidden.
- 5) Keep the product labels and user information/instruction after they are removed/separated from the harness and retain them in the permanent harness record, Copy the product labels and user information/instruction and keep the copies with the harness.
- 6) Refer to user information /instruction before and after each use.
- 7) You can be killed or seriously injured if you do not read, understand and follow user instruction/information.
- 8) Additional information regarding safety can be found in NFPA 1500, Standard on Fire Department Occupational Safety and Health Program and in NFPA 1983, Standard on Life Safety Rope and Equipment for Emergency Services.

Guide on how to inspect your life safety harness

Definitions

Webbing is woven surface textile of a specific width with edges that do not unravel; **seam** is solid connection of surface textiles by threads, which consists of stitches; **stitch** is part of a seam between two pieces that is formed by upper and lower thread; **metal parts** are metal buckles and other components of various shapes - especially fixing, setting and connecting devices

How old is the harness

Find this product label or label permanently stitched on the harness.

Is your harness in a good shape?

Keep the records of any events while using the harness. If the harness sustained high factor fall put it out of the service. If the signs of wear or damage specified below are visible, do not use the harness anymore.
If the harness is more than ten years old from the date of manufacture or five years old from the date of first use, do not use the any further.

Inspection of Webbing

The inspection is necessary to be done also on less accessible parts, especially on edges and spots where the webbing touches metal devices of the harness.
If any yarn is completely broken [cut or worn through], discard the harness form further use. It is especially important to pay attention to both edges of the webbing where the risk of breaking is highest.
Filaments in a yarn can be damaged in such a way that the yarn as a whole is not damaged (roughness of webbing). It is not necessary to discard the harness from further use unless the yarn that protects the edge of webbing from unravelling is damaged. Local colouring (stains, spots, etc.) wash in the lukewarm water. If the stains or spots do not disappear, damage was caused by unknown chemical, put the harness out of service at once. Glossy surface also suggests putting the harness out of service immediately. High temperatures are permanently damaging to synthetic fibres.

Inspection of Seam

The inspection is necessary to be done also on less accessible parts of the harness. The basic characteristic of a safety stitch is that no thread (or stitch) is broken, cut, worn through or unravelled. It is also important to check the right and wrong side.
The stitching interruption should be accepted only at conditions, when the sewing threads terminations are sealed from Singing Rock production. If any thread in a seam is completely broken (cut or worn through) and the thread ends are not sealed put the harness out of the service.
If the seam is rough and one of the three yarns is observed under the magnifier completely broken, it is necessary to discard the harness from further use promptly. Local colouring (stains, spots, etc.) wash in the lukewarm water. If the stains or spots do not disappear, damage was caused by unknown chemical, put the harness out of service at once. Glossy surface also suggests putting the harness out of service immediately. High temperatures are permanently damaging synthetic fibres.
All the seams in the harness must have the terminations sealed in such a way that a loose end of the thread is not longer than 2 mm and the visible sealed end prevents the seam from spontaneous unravelling. If the loose end of the thread is longer than 8 mm it is necessary to discard the harness from further use because it means that more than two stitches unravel.
A loosened stitch is also a reason for discarding the harness from use. A loosened stitch means a loose loop of a stitch that allows inserting a rounded wire with a diameter of 2 mm into it.

Inspection of metal parts

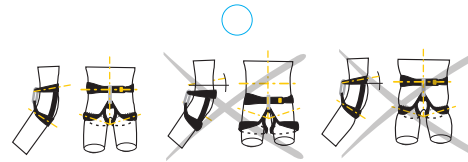
The basic characteristic of safety metal devices is no deformation, and smooth surface without any cracks. If a permanent deformation is visible or the reduction of the original size of the metal device is more than 5%, do not use the harness anymore. Corrosion and oxidation of metal devices that do not disappear after washing the harness in lukewarm soap water can be described as chemical damage, discard the harness from further use at once.
Reduction of function is important to be checked especially if two devices fit into each other. The function of metal devices is reduced if it can be opened unintentionally or if it does not fit the original requirements. In this case put the harness out of the service.

⚠ WARNING

THE TECHNICAL INFORMATION ACCOMPANYING THIS PRODUCT MUST BE USED AND UNDERSTOOD BEFORE USE. FAILURE TO FOLLOW THESE WARNINGS INCREASES THE RISK OF INJURY OR DEATH. USE AND INSPECT THE HARNESS FOLLOWING THE MANUFACTURER'S INSTRUCTIONS. THIS PRODUCT MUST BE INSPECTED PRIOR TO EACH USE. DO NOT USE THE PRODUCT SUBJECTED TO IMPACT FORCES. ANY MODIFICATION OR REPAIR OUTSIDE OF OUR PRODUCTION FACILITIES IS FORBIDDEN. DO NOT REMOVE THIS LABEL.

E EN 1497:2007

Personal fall protection equipment - Rescue harnesses.
Persönliche Absturzschutzausrüstungen - Rettungsgurte.
Prostředky ochrany osob proti pádu - Záchranné postroje.
Sprężet ratowniczy - Szelki ratownicze.
Dispositivi individuali per la protezione contro le cadute - Imbracatura di salvataggio.
Equipment de protection personnel contre les chutes - Harnais de sauvetage.
Equipo de salvamento - Arneses de salvamento.



A B EN 361:2002

Use for fall arrest purposes. Component part of a fall-arrest system.
Verwendung als auffanggurt. Teil eines Auffangsystems.
Použití pro zachycení pádu. Součástí systému zachycení pádu.
Uzycie dla zatrzymywania upadku. Część c' sposobu chwywania upadku
Utilizzo come imbracatura antiscaduta. Componente di un sistema d' arresto anticaduta
Utilisation en harnais antichute, composante d' un système d' arret des chutes.
Utilisación como arnés anticaída. Componente de un sistema anticaídas.

C EN 813:2008

Use as sit harness
Sit harness alone is not suitable for fall arrest purposes.
Verwendung als Sitzgurt
Sitzgurt allein ist nicht geeignet zu verwenden als auffangerat.
Použití jako sedací pracovní úvaz.
Sedací úvaz samotný není určen pro zachycení pádu.
Uzycie oraz uprzaz biodrowa robocza
Uprzaz biodrowa nie jest przystosowana do wykonywania celowych upadków.
Utilizzo come imbracatura bassa professionale.
Imbracatura bassa professionale non deve essere utilizzato come anticaduta.
Utilisation en harnais cuissard professionnel.
Harnais cuissard professionnel ne doit pas être utilisé comme antichute.
Utilisación como arnés profesional de cintura.
Arnés profesional de cintura no debe ser utilizado como un quipo anticaída.

D EN 358:1999

Use as work positioning harness (maximum length of fall: 0,5m).
Component part of a work positioning system - not use as fall arrester!
Verwendung als Ruckhaltegurt (maximale struzhöhe: 0,5m).
Teil eines Ruckhaltegurt - nicht als auffanggerät verwenden!
Použití jako polohovací pás (maximální délka pádu: 0,5m).
Kotvící prvky na polohovacím pásu - nepoužívat pro zachycení pádu!
Uzyciew pozycji roboczej (maksymalna dlugosc upadkow 0,5m).
Komponenty pozycyjne - nie uzywac do wykonywania celowych upadkow!
Utilizzo come cintura di sostegno (altezza di caduta massima: 0,5m).
Componente di un sistema di sostegno da lavoro - non deva essere utilizzato come anticaduta!
Utilisation en ceinture de maintien (hauteur de chute maximum: 0,5 m).
Composante d' un système de maintien au travail - ne doit pas être utilisé comme antichute!
Utilisación como cintura de sujeción (altura máxima de caída: 0,5m).
Componente de un sistema de sujeción no debe ser utilizado como un equipo anticaída!

